

Study of Morphometric and Meristic Characters, Length-Weight Relationship and Condition Factor of Schizothorax esocinus from Kashmir Valley

Merlin Mary Philip, Tasaduq H. Shah, Asifa Wali and Syed Talia Mushtaq

Division of Fisheries Resource Management, Faculty of Fisheries SKUAST-Kashmir, Rangil, Ganderbal, Kashmir-190 006, India E-mail: merlinmaryp17@gmail.com

Abstract: The present study was conducted to analyse various morphological characters along with length-weight relationship (LWR) and condition factor of *Schizothorax esocinus* from Manasbal Lake, Kashmir during its breeding season. Fourteen morphometric characters were analysed to conclude correlation between the characters from analysis of 'R' values, which ranged from 0.482-0.964 and 0.335-0.384 for males and 0.380-0.922 and 0.351-0.578 for females (for total length and head length respectively). There was no significant difference in the number of fin rays except for pectoral fin rays between males and females. The LWR for males was established as Log W = -1.255 + 2.511 Log L and for females as Log W = -0.914 + 2.299 Log L. Condition factor was1.02 and 1.07 for males and females.

Keywords: Schizothorax esocinus, Snow trout, Morphometry, Meristics, Length-weight relationship, Condition factor

Jammu and Kashmir, considered as the 'Snow trout place' or the 'Snow barbel place' lies between 32°17'N to 36°58' N latitudes and 73°26 E' to 80°30' E longitudes and is home to several indigenous and exotic cold water fish species of families Cyprinidae, Salmonidae, Cobitidae, Sisoridae, Siluridae, Poecilidae etc. (Raina 2002). The valley of Kashmir has several rivers, their tributaries, lakes and springs which influence the social and economic spheres of life of the people of the valley by contributing to fisheries as well as tourism. Schizothoracids, which include Schizothorax and Schizothoraichthys species, along with other cyprinid fishes form an inevitable part of subsistence and commercial fisheries (Singh et al 2014). Schizothoracids which migrated from Central Asiatic water sheds got isolated in the Kashmir waters and became endemic to the region. But the anthropogenic activities are threatening their existence due to pollution, eutrophication and exotic species introduction like common carp and brown trout (Singh and Lakra 2008, Kausar et al 2017). Singh and Lakra (2008) have listed them as indeterminate fish which need to be evaluated for determining their conservation status. Schizothorax esocinus belongs to family Cyprinidae and sub-family Schizothoracinae. S. esocinus can be a bioindicator of aquatic pollution and are benthopelagic (Shafi et al 2021a).

Morphometric and meristic characters are considered authentic for species identification and are known as morphological systematics. Morphometrics is the study of quantitative analysis of form which includes the measurement of length between physical features which helps to identify differences between various fish populations and describe the shape of each of them (Pollar et al 2007). In populations and within species of fish, there are greater differences in the morphological characters compared to any other vertebrate. Changes can occur in the morphological characters in response to the changing environment and various environmental factors like food availability, temperature, etc. which bring about changes in morphometrics as well and they adjust to these changes by adapting for better survival (Nacua et al 2010). In a population that is geographically isolated as in case of the Schizothoracids of Kashmir valley, it is important to study the populations for arriving at conclusions regarding the morphological and morphometric adaptations, genetic drift etc.

IMPORTANCE AND OBJECTIVES

This study helps to understand the changes in morphometric and meristic characters in the species, which can be an important aspect of evolution and adaptation happening in the landlocked region. Condition factor is a means to understand the state of well-being of the species in their natural systems which becomes important for its survival. Conclusions of the study can be useful in requisite management measures for *S. esocinus*. The study aims to evaluate the data to produce results useful for the same.

MATERIAL AND METHODS

Thirty fish specimens of *S. esocinus* were collected from commercial catches of Manasbal lake in May-June, 2022. Manasbal Lake is located between 34° 14' 60.00" N latitude and 74° 39' 59.99" E longitude in the district of Ganderbal, Kashmir. The fish were brought to Division of Fisheries Resource Management, Faculty of Fisheries, SKUAST-K in ice boxes for analysis. The size range of the specimens was 275 grams to 569 grams in weight and 274 mm to 376 mm in total length, of which 17 were males and 13 were females.

Morphometric and meristic characters: The morphometric measurements were taken from fresh samples from the left side of the samples. 14 morphometric characters were measured (Fig. 2). Meristic characters studied were counts of fin rays and spine of dorsal fin, pectoral fin, pelvic fin, anal fin and caudal fin. Meristic counts were made after setting up against incoming light using a needle and small pins for easy counting. The generated data were analyzed statistically to estimate the correlation between various parameters using Microsoft Excel 16.0 and Past 4.03. The morphometric measurements and meristic counts were made based on the definitions according to Srivastava (1988), Yadav (2007), Sandhu (2007) and Khillare (2010).





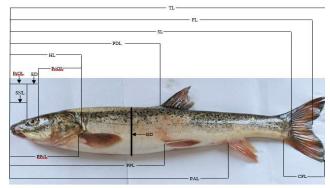


Fig. 2. Morphometric measurements of S. esocinus

TL- Total length; SL- Standard length; FL- Fork length; PDL- Pre-dorsal length; PAL- Pre-anal length; PPL- Prepelvic length; PPcL- Pre-pectoral length; ED- Eye diameter; BD- Body depth; HL- Head length; PoOL- Post orbital length; PrOL- Pre orbital length; SNL- Snout length; CFL- Caudal fin length

Length-Weight relationship: Length-Weight relationship was established by using the allometric formula (Le Cren, 1951).

W = a L[♭]

Were,

W = Weight of the fish in grams

L = Total length of the fish in centimeters

- a = Exponent describing the rate of change of weight with length (= the intercept of the regression line on the Y axis)
- b = The regression co-efficient or the slope (also referred to as the Allometric coefficient).

The logarithmic conversion of the above equation was used to establish a linear relationship, which is given as follows:

Log W = Log a + b Log L

Where 'W' is the weight of fish in grams, 'a' is the constant, 'b' is the regression co-efficient and 'L' is the total length of fish in centimeters.

Condition factor: The Condition factor was calculated as (Fulton 1904):

$$K = \frac{W}{L^3} \times 100$$

Where;

W = Weight of the fish in grams

L = The total length of the fish in centimeters

RESULTS AND DISCUSSION

Morphometric and meristic characters: Least coefficient of variation was obtained for eye diameter (5.55 and 6.92%) and highest for snout length (13.72 and 16.63%) in both males and females. Standard length shows high correlation with total length in both the males (0.964) and females (0.922) similar to the observations of Shafi et al (2021a) and Shafi et al (2021b). Fork length is least correlated to total length in males (0.483) but it is highly related in females (0.899). Caudal fin length has least correlation to total length in both the sexes (0.482 and 0.380) as reported by Arafat and Bakhtiyar (2020) in S. labiatus. Eye diameter has shown a very weak and negative correlation to head length in both males and females, consistent with conclusions by Krishnan and Tarana (2010) in S. richardsonii from Uttarkashi. The standard length showed highest correlation (r = 0.986) followed by pre-anal length (r = 0.981), which is similar to the results in Oncorhynchus mykiss studied by Wali et al (2018)

and S. esocinus males in the current study. The morphometric characters are highly correlated and the R values justify their proportionate increase. The lesser correlation values show smaller changes in the dependent parameters while the fish grows in total length. Females showed a greater number of characters which possess higher correlation than males. However, males showed a higher value of R for the characters similar to reports by Mohan and Williams (2018) in Oxyurichthys tentacularis from Ashtamudi Lake. The Kruskal Wallis test conducted for the morphometric parameters of males and females showed a significant difference between the sample medians and proved that there was no significant difference in the number of fin rays except for pectoral fin rays between males and females which is in agreement to observations of Shafi et al (2021a) and Shafi et al (2021b) and likewise for the fin formula given as D, I + 5-10, P, I + 7-11, C, I + 15-23, A, I + 3-7. Shafi et al (2021a) and Khan et al (2021) concluded that the number of dorsal fin rays and caudal fin rays were not significantly different and that variance existed in other characters for specimens from different sites. Any difference in morphometric and meristic traits between males and females, or between same species from different sites and different time period can be considered as a mode of adaptation suitable for the environment (Table 1).

Length-weight relationship: Females showed a higher correlation between length and weight, while the 'b' value (growth co-efficient) was higher in males than females. The

Table 1. Morphometric characters of S. e	esocinus
--	----------

relationships for males, females and combined were established as, Log W = -1.255 + 2.511 Log L; Log W = -0.914 + 2.299 Log L and Log W = -1.073 + 2.397 Log L respectively (Fig. 7A, B, Fig. 8). Reshi and Ahmed (2020) reported that the value of 'b' in LWR was always greater than 3 through various seasons. Jobling (2002) and Froese (2006) observed that 'b' value lower than 2.5 shows an over-proportional increase in length than weight, which is clearly shown by the females of Churruh. The males are showing values less than 3 and therefore, becomes lean with increase in length. Wani et al (2020) in S. niger and Syed et al (2020) in Cyprinus carpio var. communis observed males showed higher 'b' values compared to females, and therefore, better growth. Syed et al (2020) observed a similar trend in Cyprinus carpio var. communis from Manasbal Lake. Negative allometric growth was shown by S. curvifrons and S. labiatus as reported by Qadri et al (2017) and Faroog et al (2017) respectively. Jan and Ahmed (2016) observe that S. plagiostomus males showed negative allometric growth (b < 3) throughout the year and females had a higher 'b' value. Isometric growth was reported in farmed female rainbow trout by Shah et al (2011) and in Oncorhynchus mykiss by Wali et al (2018) and Shah et al (2013). Rani et al (2018) predicted higher physiological stress in the natural habitat for Schizothorax niger (b =2.572044) compared to S. richardsonii (b =3.027319), suggesting a similar situation for S. esocinus in the present case. The low values of 'b' in S. esocinus can be contributed by the reproductive and environmental stress, food

Statistical estimates		Males		Females			
	Range (mm)		Mean (mm)	Range	Mean (mm)		
	Minimum	Maximum	_	Minimum	Maximum	-	
Total length (TL)	273.7	374.4	325.49	282.78	376.42	324.34	
Standard length (SL)	239.74	323.39	279.09	250.27	324.27	283.32	
Fork length (FL)	261.19	381.92	307.65	269.3	349.45	303.39	
Pre-Dorsal length (PDL)	121.24	162.7	142.37	122.54	158.53	142.32	
Pre-Anal length (PAL)	183.27	250.76	216.32	193.04	271.31	224.50	
Pre-Pelvic length (PPL)	128.02	179.33	151.06	127.28	174.96	150.9	
Pre-Pectoral length (PPcL)	57.63	80.97	68.84	55.38	78.27	69.67	
Eye diameter (ED)	10.25	12.49	11.07	10.24	12.95	10.86	
Body depth (BD)	49.83	71.84	59.68	49.81	72.37	61.66	
Head length (HL)	45.67	78.49	63.74	50.19	79.84	64.52	
Post-Orbital length (PoOL)	18.61	27.33	22.74	25.36	43.92	35.27	
Pre-Orbital length (PreOL)	26.77	42.14	35.92	17.17	25.93	22.47	
Snout length (SNL)	16.5	26.4	21.44	14.23	24.79	20.65	
Caudal fin length (CFL)	42.68	63.54	49.39	42.79	59.73	51.30	

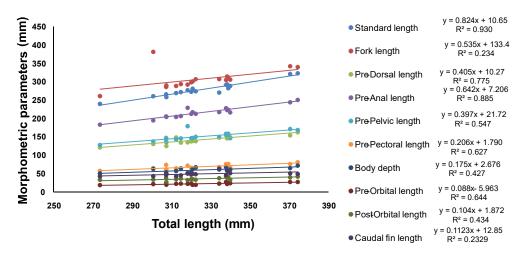


Fig. 3. Logarithmic relationship of different morphometric characters with total length in *S. esocinus* (Males)

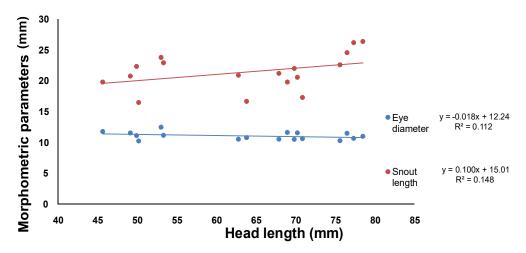


Fig. 4. Logarithmic relationship of eye diameter and snout length with head length in *S. esocinus* (Males)

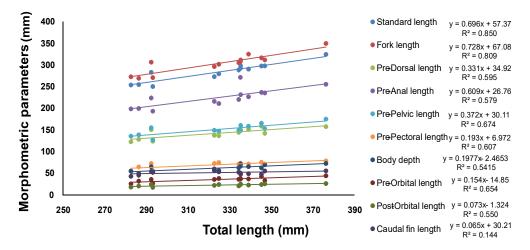
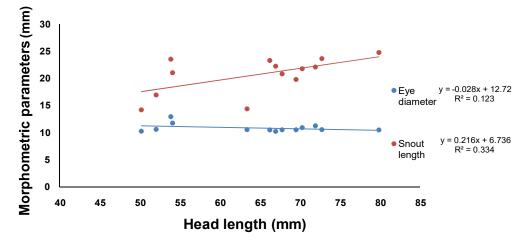


Fig. 5. Logarithmic relationship of different morphometric characters with total length in *S. esocinus* (Females)

availability, chemicals in the aquatic environment etc. A greater effect of these factors, especially the reproductive activity and stress in females might be the reason for even lower 'b' values.

Condition factor: The mean condition factor in males and female was 1.02 and 1 and this confirms the readiness of the fish to spawn, since the period corresponded to the spawning

season of the species. Reshi and Ahmed (2020) has reported highest value of K for *S. esocinus* in autumn, followed by summer and the lowest during spring and winter consistent present study. Since the low K coincided with high GSI values, spawning season was predicted during spring to summer. Shah et al (2011) reported excellent condition of farmed female rainbow trout in Kashmir from the mean K



FFig. 6. Logarithmic relationship of eye diameter and snout length with head length in *S. esocinus* (Females)

Table 2. (Correlation	between	various	morp	hometric	traits of	f S.	esocinus

Morphometric		١	Males		Females				
characters —	Slope b	Intercept a	Y=a +bx	R (Correlation coefficient)	Slope b	Intercept a	Y=a +bx	R (Correlation coefficient)	
Total length & Standard length	0.8247	10.653	y = 0.8247x + 10.653	0.964	0.6967	57.372	y = 0.6967x + 57.372	0.922	
Total length & Fork length	0.5352	133.45	y = 0.5352x + 133.45	0.483	0.7286	67.087	y = 0.7286x + 67.087	0.899	
Total length & Pre- Dorsal Length	0.4059	10.27	y = 0.4059x + 10.27	0.880	0.3311	34.925	y = 0.3311x + 34.925	0.771	
Total length & pre- Anal length	0.6425	7.2067	y = 0.6425x + 7.2067	0.940	0.6097	26.766	y = 0.6097x + 26.766	0.761	
Total length & Pre- Pelvic Length	0.3974	21.724	y = 0.3974x + 21.724	0.740	0.3727	30.111	y = 0.3727x + 30.111	0.821	
Total length & Pre- Pectoral length	0.206	1.7901	y = 0.206x + 1.7901	0.791	0.1933	6.972	y = 0.1933x + 6.972	0.779	
Total length & Body depth	0.1751	2.676	y = 0.1751x + 2.676	0.654	0.1977	2.4653	y = 0.1977x - 2.4653	0.735	
Total length & post orbital length	0.1046	1.8727	y = 0.1046x + 1.8727	0.659	0.1546	14.858	y = 0.1546x - 14.858	0.809	
Total length & Pre- orbital length	0.0882	5.9634	y = 0.0882x - 5.9634	0.802	0.0734	1.3242	y = 0.0734x - 1.3242	0.741	
Total length & Caudal fin length	0.1123	12.85	y = 0.1123x + 12.85	0.482	0.065	30.211	y = 0.065x + 30.211	0.380	
Head length & Snout length	0.1009	15.011	y = 0.1009x + 15.011	0.384	0.216	6.7364	y = 0.216x + 6.7364	0.578	
Head length & Eye diameter	-0.0184	12.242	y = -0.0184x + 12.242	-0.335	-0.0287	12.72	y = -0.0287x + 12.72	-0.351	

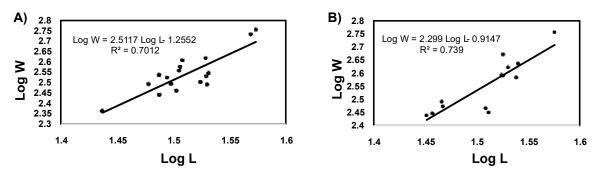


Fig. 7. Logarithmic relationship between length and weight in S. esocinus: A) Males B) Females

 Table 3. Meristic characters of S. esocinus

Meristic characters	Males				Females			
	Range	Mean	Median	Standard deviation	Range	Mean	Median	Standard deviation
Dorsal fin rays	7-9	7.94	8	0.42	7-8	7.92	8	0.27
Pectoral fin rays	13-17	15.11	16	1.21	12-19	15.23	15	1.92
Pelvic fin rays	8-10	8.70	9	0.68	9-10	9.38	9	0.50
Anal fin rays	5-6	5.05	5	0.24	5	5	5	0
Caudal fin rays	18-22	20.29	20	1.10	19-21	19.61	19	0.76

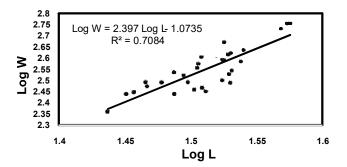


Fig. 8. Logarithmic relationship between length and weight in *S. esocinus* (Combined)

value of 1.15. Prevalence of conducive environment for Oncorhynchus mykiss in Dachigam stream of Kashmir was concluded from the K value near unity (K = 1.15) by Shah et al (2013). In Schizothorax labiatus in River Jhelum, Farooq et al (2017) observed that the condition of the fish ranged from excellent to poor. Compared to the above results the condition of *Churruh* is satisfactory from the mean K value, although lower 'b' values were obtained in LWR estimates. There would be effects of environment, breeding activity, food availability and less food intake during breeding season which may influence low K values in other species. Wali et al (2021) reported variation in monthly K values of Oncorhynchus mykiss from different sites, proving that variation in environment can effect changes in condition factor. Females showed higher K value than males of Amblyceps apangi as reported by Kachari et al (2017) from Arunachal Pradesh and by Syed et al (2020) in *Cyprinus carpio* var. *communis* from Manasbal Lake, Kashmir, which was observed in the current study as well.

CONCLUSION

The present study analyzed some morphological and biological characters of the indigenous snow trout S. esocinus of Kashmir valley which will provide the field of fisheries science with updated information on the same. This can be considered relevant and will help in proper management of the resource and analysing stock structure of this species. This becomes necessary considering the situations of its population being threatened by various environmental and climatic conditions, anthropogenic activities, alien species invasion and so on. Since this fish is endemic to the regions where it is found at present, it is imperative to implement scientific species-specific conservation and management measures to ensure its wellbeing. An improvement in the status of the fish in natural waters can help with better production and income for local fisher population.

REFERENCES

- Arafat MY and Bakhtiyar Y 2020. Morphometric attributes and their controlling elements in Himalayan snow trout, *Schizothorax labiatus* inhabiting Vishav Stream of South Kashmir, India. *Journal of Ecophysiology and Occupational Health* **20**(1&2): 50-56.
- Farooq I, Bhat FA, Balkhi MH, Najar AM, Bhat BA, Shah TH, Shafat S, Talia S, Qadri S and Aalia S 2017. Length-weight relationship

and condition factor as indicators of growth pattern and health of snow trout, *Schizothorax labiatus* Mcclelland in River Jhelum, Kashmir. *Ecology, Environment and Conservation* **23**(2): 846-851.

- Froese R 2006. Cube law, condition factor and weight-length relationships: history, meta-analysis and recommendations. *Journal of Applied Ichthyology* **22**(4): 241-253.
- Fulton TW1904. The rate of growth of fishes. *Fisheries Board of Scotland Annual Report 22 Edinburgh* **3**:141-241.
- Jan M and Ahmed I 2016. Length weight relationship and condition factor of snow trout, *Schizothorax plagiostomus* (Heckel, 1838) from Lidder River, Kashmir. *International Journal of Fisheries and Aquatic Studies* 4(2): 131-136.
- Jobling M 2002. Environmental factors and rates of development and growth. *Handbook of Fish Biology and Fisheries* **1**: 97-122.
- Kachari A, Abujam S and Das DN 2017. Length-weight relationship (LWR) and condition factor of *Amblyceps apangi* Nath & Dey from Arunachal Pradesh, India. *Journal of Aquaculture Engineering and Fisheries Research* 3(3): 97-107.
- Kausar N, Mir RA, Jan U, Shah GM and Mir TA 2017. Comparative studies on breeding biology of Schizothorax esocinus and Schizothorax curvifrons in natural conditions. International Journal of Fauna and Biological Studies 4(4): 04-07
- Khan B, Shah TH, Bhat FA, Bhat BA, Abubakr A, Asimi OA, Gul S and Salam I 2021. Landmark-based morphometric and meristic variations of Churruh snow trout *Schizothorax esocinus* from three locations of river Jhelum, Kashmir, India. *The Pharma Innovation Journal* **10**(12): 651-655.
- Khillare YK 2010. Freshwater fishes: A Practical approach. Narendra Publishing House, New Delhi. pp: 178.
- Krishnan NR and Tarana N 2010. Analysis of morphometric characters of *Schizothorax richardsonii* (Grey 1832) from the Uttarkashi district of Uttarakhand State, India. *Journal of Biological Science* **10**(6): 536-540.
- Le Cren ED 1951. The Length-Weight Relationship and Seasonal Cycle in Gonad Weight and Condition in the Perch *Perca fluviatilis. Journal of Animal Ecology* **20**(2): 201-219.
- Mohan R and Williams ES 2018. A Study of morphometry and meristic counts of *Oxyurichthys tentacularis*, Gobiidae (Valenciennes 1837) from Ashtamudi Lake- Kollam, Kerala. *International Journal of Fisheries and Aquaculture Sciences* **8**(1): 13-18.
- Nacua SS, Dorado EL, Torres MAJ and Demayo CG 2010. Body shape variation between two populations of the White Goby, *Glossogobius giuris* (Hamilton and Buchanan). *Research Journal of Fisheries and Hydrobiology* 5: 44-51.
- Pollar M, Jaroensutasinee M and Jaroensutasinee K 2007. Morphometric analysis of *Tor tambroides* by stepwise discriminant and neural network analysis. *World Academy of Science, Engineering and Technology* 33: 16-20.
- Qadri S, Shah TH, Balkhi MH, Bhat BA, Bhat FA, Najar AM, Asimi OA, Farooq I and Alia S 2017. Morphometric and length-weight relationship of *Schizothorax curvifrons* Heckel 1838 in River Jhelum, Kashmir, India. *Indian Journal of Animal Research* 51(3):453-458.
- Raina AN 2002. Geography of Jammu and Kashmir. pp: 2-3.
- Rani A, Tudu K., Siddiqui U, Vishvakarma BK, Shah RH, Kumar S and Pandey NN 2018. Length weight relationship and condition

Received 24 November, 2022; Accepted 18 February, 2023

factor of Schizothorax richardsonii (Gray) and Schizothorax niger. Journal of Coldwater Fisheries **1**(1): 121-124.

- Reshi QM and Ahmed I 2020. Seasonal variation in length-weight relationship, condition factor and biological indices of snow trout, *Schizothorax esocinus* (heckel, 1838) inhabiting River Jhelum of Kashmir Himalaya. *Journal of Ecophysiology and Occupational Health* **20**(3&4): 232-238.
- Sandhu GS 2007. Applied ichthyology. Dominant Publishers and Distributors, New Delhi. pp: 239.
- Shafi B, Shah TH, Bhat FA, Bhat BA, Abubakr A, Asimi OA, Gul S, Hafiz Z and Nafath-ul-Arab 2021a. Study of some morphometric and meristic traits of *Chirru* snow trout (*Schizothorax esocinus*) from River Jhelum, Kashmir, India. *Asian Journal of Fisheries* and Aquatic Research 12(5): 25-32.
- Shafi I, Mushtaq ST, Bano H, Shah TH and Mushtaq SA 2021b. Morphometric and meristic characters of Schizothorax esocinus (Heckel, 1838) from Dal Lake, Kashmir, India. *The Pharma Innovation Journal* **10**(9): 151-154.
- Shah TH, Balkhi MH, Asimi OA and Khan I 2013. Length-weight relationship and ponderal index of rainbow trout (*Oncorhynchus mykiss* W., 1792) from Dachigam stream in Kashmir. African Journal of Agricultural Research 8(14): 1277-1279.
- Shah TH, Balkhi MH, Najar AM and Asimi OA 2011. Morphometry, length-weight relationship and condition factor of farmed female rainbow trout (*Oncorhynchus mykiss*) in Kashmir. *Indian Journal* of Fisheries 58(3): 51-56.
- Singh AK, Kumar P and Ali S 2014. Ichthyofaunal diversity of the Ganges River system in Central Himalayas, India: Conservation status and priorities. pp. 208-214. In: Sinha, R. K. and Ahmed, B.(eds). Rivers for Life - Proceedings of the International Symposium on River Biodiversity: Ganges Brahmaputra-Meghna River System, Ecosystems for Life, A Bangladesh-India Initiative. IUCN, International Union for Conservation of Nature.
- Singh HR and Lakra WS 2008. Cold water aquaculture and fisheries. Narendra Publishing House, New Delhi. pp: 337.
- Srivastava CBL1988. A Textbook of fishery science and Indian fisheries. Kitab Mahal, Allahabad. pp: 265-269.
- Syed N, Shah TH, Balkhi MH, Bhat FA, Abubakr A, Wani GB, Bhat BA, Mohd I, Wali A and Wani IF 2020. Length-weight relationship and condition factor of *Cyprinus carpio* var. *communis* in Manasbal Lake, Kashmir. *Journal of Pharmacognosy and Phytochemistry* **9**(2): 1539-1544.
- Wali A, Shah TH, Balkhi MH, Bhat BA, Bhat FA, Qadri S and Mohamad I 2018. Morphometry and length-weight relationship of Rainbow trout Oncorhynchus mykiss Walbaum, 1792 (Salmoniformes: Salmonidae) from Kashmir. Journal of Entomology and Zoology Studies 7(1): 1653-1656.
- Wali A, Shah TH, Balkhi MH, Bhat FA, Bhat BA and Mohd I 2021. Maturation and spawning of Rainbow trout Oncorhynchus mykiss Walbaum, 1792 (Salmoniformes: Salmonidae) from Kashmir. Journal of Experimental Zoology, India 24(1): 629-635.
- Wani IF, Shah TH, Bhat FA, Abubakr A, Bhat BA, Balkhi MH, Syed N and Mohammad I 2020. Comparative studies on length-weight relationship and condition factor of *Cyprinus carpio* and *Schizothorax niger* from Dal Lake, Kashmir. Journal of Pharmacognosy and Phytochemistry 9(2): 1533-1538.
- Yadav BN 2007. Fish and fisheries, Daya Publishing House. Delhi, pp: 366.