



Appraisal of Status of Metacognitive Skills, Emotional Intelligence and Achievement Motivation among Adolescents

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Abstract: The present research is an attempt to assess the levels of metacognitive skills, emotional intelligence and achievement motivation among college students of Ludhiana District. The sample included 200 college students, in age range of 17-19 years. The major proportion of adolescents had a high level of metacognition. Boys had higher mean scores as compared to their female counterparts, across various components and sub-components of metacognition. A majority of respondents was in average and low level of emotional intelligence whereas irrespective of gender, the respondents were found to possess low level achievement motivation.

Key Words: Achievement motivation, Emotional intelligence, Metacognitive skills
